FourXFour Poetry Journal

Issue 20/21 Spring 2017 **Special Double Issue for Poetry Day Ireland** Lizz Murphy Michael Conaghan Julieann Campbell Patrick Taggart Aine MacAodha Nathan Armstrong Willetta Fleming Gareth Osborne

Editorial

Welcome to a special double issue of FourXFour Poetry Journal, released especially for **Poetry Day Ireland** on 27th April.

The theme for this year's Poetry Day Ireland is "poetry connects". It's a main ethos of FourXFour, to discover and celebrate strong, original writing within Northern Ireland, and to connect the poets with new and wider audiences. The journal has been doing that for nearly five years now, and it's a pleasure to bring you once more not four, but this time *eight* further poets for you to explore and discover.

Four of our featured poets have published collections previously, while four are emerging names to watch out for. It's the perfect balance for our double issue, and we wish each of them the best with their writing and careers going forward.

Regards and happy reading, Colin Dardis, Editor

Contents

p.5 Lizz Murphy

Passing A Horse Paddock Blood Moon How's The Weather In Binalong? Right of Way

p.10 Michael Conaghan

West Red Dream Incident at the Demonstration Muse

p.16 Julieann Campbell

Useful Balloons Sleep, Rainy Boy Grianan Aileach Sanctuary

p.24 Patrick Taggart

Another World Bloody Poets No Lawnmower Hollyhocks in May

p.29 Aine MacAodha

Drumragh Graveyard Consult the Oracle Old Croghan Man Mother

p.33 Nathan Armstrong

Silhouettes Bit Part Impression Peculiar Sparks

p.42 Willetta Fleming

Coloured Chance Time To My Sister

p.50 Gareth Osborne

Why the Sky is Blue Knockbreda Cemetery Sidney Poitier's Good Friday Agreement Easier

Lizz Murphy

Lizz Murphy was born in Belfast but has lived in Binalong a rural village in NSW, Australia for a long time now. She has published 13 books of different kinds. Her eight poetry titles include *Shebird*, *Portraits: 54 Poems* and *Six Hundred Dollars* (PressPress), *Walk the Wildly* (Picaro), *Stop Your Cryin* (Island) and *Two Lips Went Shopping* (Spinifex – print & e-book). Her best-known anthology is *Wee Girls: Women Writing from an Irish Perspective* (Spinifex Press).

She is widely published in Australian and overseas newspapers and journals including *Abridged*, *Blue Pepper*, *The Canberra Times*, *Cordite Poetry Review*, *Honest Ulsterman*, *Shot Glass Journal*, *Uut Poetry*, *Verity La*, *Wonder Book of Poetry* and in a number of print anthologies. Lizz' awards include: Anutech Poetry Prize, Rosemary Dobson Poetry Award (co-winner), ACT [Canberra] Creative Fellowship for Literature plus some shortlistings/special mentions. Lizz has worked in publishing/arts marketing and arts development.

Lizz blogs at *A Poet's Slant* - lizzmurphypoet.blogspot.com. Last year she posted new poems or art & text every day as part of the international blog Project 366 at project365plus.blogspot.com.au coordinated by Kit Kelen. Some of these poems are thanks to that experience.

Passing A Horse Paddock

Pedigree horses in white turnouts trench coated detectives from old crime novels or saints come marching in swinging their white robes or the Ku Klux Klan their unlovely eyes blinking from hooded faces

Blood Moon

You go black like a lid closing curtains drawing on a show the end of a film Nothing stirs or changes for a time then a spark and your flickering edge It happens just as I am about to leave it's like the credits have begun to roll and I am compelled to stay to read all those names

Out here I could honour them aloud privately ceremoniously in the pleasant chill under silent leaves all those people who have offered a kindly word some small praise a plaudit kept some thready person tacked together one more day

There is one more flare a wreathing light then the leaden cloud veils you charcoal I go inside trusting in tomorrrow

How's The Weather In Binalong? for Kathleen McCracken

The sky in Binalong is clear blue crystal as decimated sea El Niño is weakening to neutral but the fire warning is still on alert temps are increasing again in spite of autumn we wish rain would drift our way change our white hills verdant

Elsewhere Praise for heroes in the Brussels blast warms hearts It was warmish in Lahore when the Easter bomb went off in that amusement park security forces continue to collect evidence there is always a child's shoe

Right Of Way

with thanks to Moyra Donaldson

A grey sunless building its bones arthritic but on this day in that top window a goddess child's face Architecture rattles me as much as ancient dresses in a museum or an empty iron cot This is a street in Launceston Thought you'd like the architecture and the park gates I liked the man on the corner shuffling his glasses back into place and the bare branches reaching like wrought iron for the steeple nosing into the sky How many plastic bags do you think a whale's stomachs can hold? I could have felt alone driving through the desert but each tussock spoke to me and once in a while a road sign said yes you are still going the right way

PS Of course the wind turbines always wave

Michael Conaghan

Michael Conaghan is a bookseller and poet who has been published widely in Britain and Ireland, most notably in *The London Magazine*, *Fortnight Magazine*, *Panning For Poems* and online anthologies such as Poetry NI's *Poems for Holocaust Remembrance Day 2016*. He was a regional winner in the Funeral Services Northern Ireland National Poetry Competition and was shortlisted once more in 2016.

He reviews both music and books for local publications, and recently a play he wrote with his journalist wife Jane Hardy, 'This Turbulent Priest', about Thomas Becket, was revived in Canterbury.

West

And then head west Away from the hatreds To your father's land

Where the sky is soft With drizzle And rainbows end

White horses Nod a blessing Near the Five Finger strand

As the sea Sculpts your body With a lover's hand

And then head west Towards the music With its keening sound

Its multi phases And its dancings In the round To the very edge Of the Atlantic West again

Where memories And love's release Will never end

Red Dream

In the presence of silence That dream, the red fox Scurrying across the slope Ahead of you towards The mountain in the trees.

You were woken up by music Grumpily setting forth But instead of the work day A festival, as if the dawn Heralded the still drunk night.

How much you wanted to play Fingering the plectrum Inside your trouser pocket As the musicians whirled Their instruments like fire.

Then, trying to return You find your old life fading Confused in your directions A door, a glimpse of sky The presence of silence.

Incident at the Demonstration

The Tuesday night chart run own On phasing Radio Luxembourg; Kid Jensen or Paul Burnett Would announce the little victories. Look out, kids, let"s dance To the rhythm of politics.

You went on that anti-war march, Earphones blaring out the Doors, Disappointed at the earnest Anti- Americanism That was every speech's default setting, Sensing, somehow that there should Be something joyous In declaring yourself for peace and justice.

God should smile, like that Incident at the demonstration Winding your way up Royal Avenue As the rain relented and The two women outside Barratts Began to sing ' Amazing Grace' And you exchanged ecstatic smiles With the girl who failed to sell you A copy of the Socialist Worker.

Muse

She took me by the arm And called my name, Dressed in Astrakhan, As if for winter.

Where had I been? Cast down and penitent Among the shadows, I had somehow lost her.

I had missed her chat The friendly intimacy Of her soft invasions And charming ardour.

As she joked about My Joycean cap Gratefully tilted and Doffed, in her honour.

Julieann Campbell

Julieann Campbell is an Irish poet and author. Born in Derry in 1976, the former reporter gave up the newsroom to concentrate on motherhood, poetry and collecting oral histories. Julieann's first solo poetry collection, *Milk Teeth* was published in 2015 by Guildhall Press (Derry), and she was one of many contributors to their vast 2008 compendium, *City of Music: Derry's Music Heritage*.

She co-edited the anthology *Harrowing of the Heart: The Poetry of Bloody Sunday* in 2008, and her first non-fiction book, *Setting the Truth Free: The Inside Story of the Bloody Sunday Justice Campaign* (Liberties Press, Dublin) was awarded the biannual Christopher Ewart-Biggs Memorial Prize in 2013.

Useful Balloons

Let go – like a balloon that's lost its usefulness, adrift and upwards, into places unseen

the float of forgotten dreams. in riotous bounce, glancing, true to form. The soiled sheets and sore thighs of lovers' anonymous.

This afternoon I heard wedding bells. In the yard, where I sat, lukewarm coffee in hand, reading Fahrenheit 451 yet again and feeling Montag's pain at the status quo.

Still in Jedi housecoat, make-up less & aged. A real catch, still fragile from last night's excess.

Raising my cup to the happy couple, glad of crisp blue October sky, of tethered romance. I felt their glow. I saw them gleam as guests poured through Cathedral door, all air-kisses.

I picked up my book, and went on reading . . .

Sleep, Rainy Boy

I might have listened more, had I known you were dying. Yet you were, somewhere inside.

I'd have sat long enough to hear what you had to say and how you said it.

I'd have paid more attention to your hare-brained schemes, looked deeper, delved in, tried to understand.

I'd have seen the beauty in the shrine you created for me all over your living room floor. Not run for the hills.

I might have told you how it felt to feel your mouth's intent. Your 'kiss with eyes wide' that once evoked poetry in me. Poems I never let you read. They found your car by Fanad lighthouse. - keys in the ignition. I knew you'd gone. Ironic. *Lighthouse* was our song.

I might have whispered to you more, when loved-up and languishing. When bodies lay parallel, and, just for just a moment, your purity shone through.

And, though I told you before I would tell you again –

'This is you at your *best*... at your most beautiful.'

Grianan Aileach

Up there's where the High Kings lived, my mother whispered into cupped hand as the bus passed the White Chapel.

I was only small, but five or six.

She pointed to a nearby mountain, which, to me, looked more like a hill, easily conquerable if we took to our heels and ran towards its summit.

From there, they ruled the land, she explained. High enough to thwart a foes' approach on every side, three counties spread out in submissive patchwork.

Eyes dancing, she gushed about the ancient ring fort which, to me, looked more like a Lego-brick, forgotten by some past giant who left it on a hill.

I remember wondering if giants played with Lego.

The hill seems even smaller now, as we hurtle along the same old clattering Slievemore bus route, voices lost to the din of rowdy back-seat teens. She sits on my knee to see out the window. I pull her close, and point into the distance. *Up there's where the High Kings lived* . . .

Sanctuary

On the hour; every hour, newsreels bring a claustrophobia, creeping and I watch with helpless eyes.

Imagining the cramped, clammy fear the mothers must feel, shushing babies in lullaby whisper.

Shhh, it won't be long now,

I'm sure they say. Warm smile reassuring, confusion, a travesty played out for strangers like me, looking on all tea and toast and sympathy.

They flee into unwelcome arms, and sinking boats; crammed into trucks, no air, no light, still begging those who swore safe passage. Treacherous palms soiled with thirty pieces of silver.

Still they come – in their tens of thousands . . .

a male voice-over says in monotone drill, as studio guests preen and feign empathy, as the armchair critics rise up indignant, phoning-in, giving voice to the worst of us. Cramped camps and barricades; military might.

A little boy found face down in the surf, his escape a world's teardrop.

This is our time, they warn. Our exodus, should we choose to see it. A neglectful legacy.

Patrick Taggart

Patrick Taggart was born in India, grew up in Ireland and England and now lives in Belfast. He was spurred into trying to find some form of creative expression in 2014 by his (now grown up) children, Ben and Emma, who are both talented in visual arts. A pen seemed more manageable than a paintbrush, so he decided to give poetry a go. Having little idea of how to get started, he turned to Stephen Fry's *The Ode Less Travelled*, an instructive but challenging guide to writing poetry.

Fry turned out to be a stern task master and, if it hadn't been for the encouragement he found in the Purely Poetry open mic nights, he might have given up. To date, Patrick poems have appeared in *Freckle, Here and Now, The Stare's Nest* and *Watermarks*.

Another World

Follow the dusty path uphill. Veer off left where it curves right and push through the spiny scrub until you come to a rocky cove of delight. Using the pock-marked limestone and the little pines as holds, descend down to the crescent of golden sand. Walk into the sea, your journey's end. Salt water stings your thorn-scratched skin. Stand for a while, enjoy the peace, far from the crowds of the beach where you've been, then dive under water, see the rainbow fish. This is another world.

Amongst the trees on the roundabout, between the words they write or say, behind the happy family façade a smile away from crushing heartbreak, a few steps off this path of sorrow, over the headland from the crowded beach, there is another world.

Bloody Poets

See them, out on the ice with their clubs, heartless bastards, smeared with blood, crushing the skulls of new-born words before they've even once been heard. "These words are no use," the poets say, "If we let them grow up they'll get in the way. They'll lie and they'll flatter, confuse and divert or just lie about doing no bloody work. They'll drive out our native, worthier words and pop up on the back of some novel as blurb. They'll appear in adverts for things you don't need or dance off the tongues of those driven by greed." The closer you look the more ruthless you'll find are the poets. They kill all the words that don't shine.

No Lawnmower

When I was first married to my now ex-wife we were very poor.

Each week I'd cut the lawn with our only pair of scissors.

Now life is so much better, I've amassed a vast estate: no wife; no lawn; still no lawnmower; but six gleaming pairs of scissors.

Hollyhocks in May

Not yet in bloom, at first I couldn't say what were these spires of green that lined the streets. Perplexed, we pedalled by on omafiets. And then I knew: hollyhocks in May. In Amsterdam we had no cage of steel, but joined the flow of bicycles that day, relied on nods and smiles to smooth our way. We wobbled, weaved and found we'd nerves of steel. How would it be, I wondered, if back home we exposed our vulnerability, jostled elbows, smiled and made more room for our fellow travellers going home? Let's join the river of humanity. Perhaps we'll see the hollyhocks in bloom.

Aine MacAodha

Aine MacAodha is a writer from Omagh. Her works have appeared in *Don't Be Afraid: An Anthology to Seamus Heaney*, a Doghouse Anthology of Irish haiku titled *Bamboo Dreams, Poethead Blog, North West Words, Glasgow Review, Enniscorthy Echo, Anthologia Poetica Internazionale, Turkish, thefirscut, Outburst magazine, A New Ulster issues, Pirene, DIOGEN Poetry, Episteme* and *Boyne Berries*. She was also recently a featured poet in the Blackwater Poetry Group.

She has published three volumes of poetry: 'Where the Three rivers Meet'; Guth An Anam (voice of the soul); and her latest collection *Landscape of Self* from Lapwing Press, Belfast. Argotist Online recently republished *Where the Three Rivers Meet* as an e-book.

Drumragh Graveyard

I spy the grey oak, a giant holding the ground with fingers gradually unfolding in the light and shade of cloud. Roots protrude like old knuckles almost clenched in fighting stance, guarding the ancient plots. Should I fear this visit? Is this grand specimen a knight, a protector of past events, a window tilting into yesterday long forgotten by its future wars?

Consult the Oracle

I talk to my higher self on a regular basis my guru is my own little voice who steers my every move whether I listen or not. Sometimes it tells me to walk along a path long forgotten where ghosts appear in random order. I dwell there a while pay respect to the ones I met before. Sometimes we have an argument where my guru is always right we accuse each other of being unloving we seek comfort in each other this guru knows me better than I know myself I consult this oracle before I leave the house, thank it for the offerings ahead to the nature around me, send love to all I meet. We are very much in love my guru and I.

Mother

I seek you in the lakes of Tyrone, The lesser known ones whose beauty Remain unblemished by progress.

I look for you as summer coughs up Its last songs of the season, I seek your words in her breath.

In the secrets of motherhood Asleep in the elderly, yearning to be recalled once again.

I seek it too in the faces of youth, In the songs they sing from The concrete forests they live in.

I also seek it in me When dark clouds Gather up a storm.

Old Croghan Man

This island is a living carpet, worn by clans of cousins who weaved into the land a pattern not for the the untrained eye.

Old Croghan man, baked in this oven of peat, symbolizes our spent lineage of boundaries and fields. Beheaded and tortured, he stood tall as a pine tree.

Who was this nameless lad? A high king, killed in ritual, or killed in a jealous rage? Was it a warning to other youths who may yearn for the new, denouncing the old?

I wear a leather twang like his, woven with love on May Day. The hands of Croghan man hold no labourer's welts, but groomed nails, ideally cleaned. He joins others that came before: Meeybradden Woman and Gallagh man. They come to remind us to read the bog chapter by chapter; learn from ghosts of the past.

Nathan Armstrong

Nathan Elout Armstrong was born in Blackpool, Lancs, to a captive audience in 1989, and spent much of his early childhood in the Netherlands, where he began writing 'poems' at the age of seven.

He completed his MA in Modern Poetry at Queen's University Belfast in 2012, and has been writing and performing ever since for anyone who will listen. He has an ardent fondness for wit, pastry and all things Eurovision, and is secretly something of an apocaloptimist.

Silhouettes

'look!' you'd say, 'the light – it dances for us: teases us with modes of shadow, undressing the night-music of traffic and rain in spluttered orange, & electric hum.'

Colour for our brokencity, grey and dark with threnody. Colour for our brokenshire, thick with plangent monody.

...the stars were sultry smithereens on our watch, their shatter-pattern splinter glow mosaic mirrored on our ceiling like an absurdist disco ball; the language of a demimonde of uninterpretable shards to constellate the galaxy of our small attic-room with an impermanent certainty: on/off, on/off one zero seeks one one.

[Somewhere a streetlamp falters, flounders, fails – darkness assumes the space between all space.]

Bit Part

You wake up to another line of code A living string of predetermined action And settle back into your human face With an aloof, sardonic satisfaction. It has sagged a little while you slept Careworn through years of automatic breathing. All time is merely borrowed; and that debt Is even payed up while you're dreaming.

To you, this place has never felt like home. Everything suffers for too long and dies. There is something mathematic to that song: Formulaic, stark. So we anaesthetise Our own awarenenesses with easy thoughts: The grey sky that we see must be what is And the limits of the cosmos keep us small. Unformed words taunt the soul like tyrannies

This place is not where you belong at all. Outside birdsong resumes in formulaic Bits of barcode turned to amplitudes With all the fractured beauty of mosaic.

Impression

Drawn. That's the word we use. Taken by an unseen force Into a space we come to know.

Sketched there by a strange eye Shaded and coloured as though We had been greyscale,

Wireframe inkblots. Defined and redistinguished From the ocean of off-whites

Creams and taupes By our existence, thrown Onto the canvas, left to iridesce.

Here is something. Something that was not, and is. A newness, a possibility blossomed

Out of the vastness of everything Into a single consequence Of shared imagining. We call this beautiful Or predetermined. Being drawn.

Peculiar Sparks

You remember the day we walked right past the spot where it happened: memory's felled tree blooming there?

You talked as though stopping would force an invocation, recanting the past like a sad incantation laid bare.

No blue plaque glistered in admonishment declaring 'this unique is gone forever.' We stood there, more than a little aware,

swapping silence for bald talk about the weather.

Willetta Fleming

Willetta Fleming was born in Detroit, Michigan, USA, and adopted at a very young age by an older couple and raised in a loving home. She was an early lover of words. In elementary school she would write short stories in her passing time, a vivid imagination was her starting point.

Willetta came to Northern Ireland over thirteen years ago. She has now settled in a city outside Belfast with her two sweet daughters. Willetta released her first book *Finding Black Gold on the Emerald Isle* in 2014. The book is an exploration of her early life, and her selfdiscovery whilst living in Northern Ireland. Willetta also released her short poetry book *Tree Trunks That Hide The Elephant and The Whale* in 2015.

Coloured

My voice is coloured

It is stained from choice and consequence.

My voice is coloured by learning the hard way, the path my mother said was my way.

My voice is coloured from years of love not staying... never staying.

My voice is coloured from embracing my every curve and being proud to be a woman.

If you say I am coloured I say you are outdated, because really in these days of reminding ourselves that black lives matter, please don't shoot days, I got my hands in sight days, no don't touch my hair days, no I'm not a nigga days.

My voice is coloured.

Chance

We get the same chance that all lovers get. We just decided to choose it or perhaps we stumbled on the absolute magic of it in our meandering.

The previous times, when the innocence in your eyes reach for mine

The previous, when my gaze sustains you for days and my pen cannot stop writing poems of your stance. The chance we take teetering friendship and the wanting for more plays seesaw with my head and heart.

Yet it's these previous days that I could hang on the mystery of each tone of your voice, observe the way you walk with that little swagger, the way the sadness in your eyes change to tenderness when you look at me.

Before becoming lovers, or even hand holders, how quickly we choose to lose all of this to familiar ways, forgetting these most precious days.

Let us stay here for a while yet, let us be led by something a bit wiser than our cravings.

Before you taste the wine my lips produce in our first kiss and you realise I was the only vineyard you ever wandered into that you never wanted to leave.

Time

For everything there is a season, a time and purpose for everything under heaven.

A time to be born and a time to die.

A time to plant and a time to pluck up that which was planted.

A time to kill and a time to heal.

A time to break down and a time to build up.

A time to weep and a time to laugh, a time to mourn and a time to dance.

A time to cast away stones and a time to gather stones together.

A time to embrace and a time to refrain from embracing.

For a black man in America there is a season, a season that has lasted far too long.

A time to be born is to know that if you dress the wrong way, happen to walk with a sway, wear a hoodie it may be time to die. For a black woman, a time to weep is raising sons to hold their heads up... their hands in plain sight, do not dare pick a fight.

A time to weep has brought many hearts together crying out that black lives matter.

A time to embrace as one people not allowing the hate of a few to take the majority vote, any longer.

We need to be strong and we need to stand together.

I know we can dance. I have heard the freedom song we sing.

The time for casting stones is over.

Let us gather the stones together to build strong homes.

Let us not settle for just one President, a few scientists, doctors, artists and authors.

I heard that joy comes in the morning...

We can be the change, raising our sons and our daughters to remember joy not only pain.

Our mourning has been heard and our laughter will lead the way.

For everything there is a season... and a time and a purpose under heaven.

Our time for dying is over. It has come to an end.

Stand tall my brother and walk sure my sister. Our time is now.

To My Sister

To my Sister

I breathe in deeply and the reason is this.

I see God in you. I see Him in the way you smile freedom, in the way you move your feet. You get off your seat and dance.

Sometimes I smell death on the breath of people around you watching you sway.

But not you, you chose to live, to keep laughing despite others' jealousy of the royalty in your blood.

I see God in you.

Keep moving, keep living and painting colours well. The trail you leave will pull the dead back to life because of God in you.

Gareth Osborne

Born and bred in South Belfast, Gareth Osborne has always been around the art scene, but never jumped in. He is previously unpublished (possibly for a reason).

Gareth has provided a list of seven things you should know about him:

- I write poetry. Sometimes on purpose.
- My favourite word is Babaganoush. Babaganoush. Ba-ba-ga-NOUSH!
- I totally rock a waistcoat.
- There is a thin, toned, rugged guy inside me, waiting to get out. Probably more than one.
- I am a fantastic godfather to my nieces and nephews. They call me 'God' for short. I taught them that.
- I write mushy things in cards to my wife. I think I'm giving her type 2 diabetes.
- This is my favourite Mark Twain quote: "Don't you worry your pretty little mind, people throw rocks at things that shine and life makes love look hard." Okay, that was actually Taylor Swift, but she's got a point.

Why the Sky is Blue

Why is the sky blue? says seven-year old he. Because it is, even when it's not, says I. But why, says he, is it blue, not yellow Or green, or some other colour? Why isn't it glittery Maybe with sound effects like You get when you flick a ruler Against the edge of your desk? It would make that sound in the morning, All shiny dawn, says he, With a different sound at night, I'm not sure what.

The sky is blue, says I Because what we see is dust, Suspended in a shell of air, Tiny little prisms, shattering pure sunlight Into a million squillion pieces. Little pieces of red and yellow and orange and green And violet and indigo and blue. Blue is the colour that scatters most. And that is why the sky is blue, says I. Oh, says he. Okay. Like you always have more Lego than you thought, says he. Exactly that, says I, wishing for glittery skies.

Knockbreda Cemetery

In hindsight, it was a strange place For your granny to take you for a picnic. We would come here quite often And sit by the little traffic island Under a thin beech tree Next to a leaky tap.

I would be munching on Veda sandwiches As elderly women emptied vases Of browning Peonies and Chrysanthemums Stargazer Lilies and Daffodils, Into rusted steel cages filled With dead-heads and stalks and slugs.

The graveyard undulated over hills, Like a counterpane thrown Over sleeping husbands, Whilst their left behind wives Tended their beds and tutted and fussed And mourned appropriately

Before crossing the road to Supermac For the groceries.

Sidney Poitier's Good Friday Agreement (paraphrased from 'Guess Who's Coming to Dinner')

You listen to me. You say you don't want to tell me How to live my life. So what do you think you've been doing? You tell me what rights I've got, Or haven't got, And what I owe to you for what you've done for me. You listen to me. I owe you nothing. Because you brought me into this world. And from that day you owed me everything you could ever do for me. You don't even know what I am. And if I tried to explain it the rest of vour life You will never understand. You and your whole Lousy generation Believes the way it was for you Is the way it's got to be. And not until the whole lot of you

McGurk's Bar **Bloody Sunday** The Abercorn **Bloody Friday** Claudy Monaghan Guilford and Birmingham Bessbrook La Mon Warrenpoint Droppin' Well Loughgall Enniskillen Teebane Sean Graham Frizzell's Greysteel Loughinisland Docklands

Has lain down and died Will the dead weight of you be off our backs.

Manchester Omagh

Easier

It would be easier if evil was a real thing, Black and heavy, That you could hold in your hand and examine. But our history is our history. Good or bad. It's our own troubled history.

Our lives are not shaped by Competing agendas built on the backs of the broken, But by people being fundamentally *People*. Messy, confused, misunderstanding, people All with misplaced longing for memories so ripe

They could be plucked straight from the vine To keep their heart sustained. But only for a while. It would be easier if everything were black and white, But there are no absolutes, No easy answers,

And you can't sell that on the side of a bus. It would be easier if they just hated us, If they would just go home, If they would understand. But it's hard because we woke up today

Without those who didn't wake up yesterday. It's hard because it has been that way for so long And no one wants to admit We have no idea Why we are doing it anymore. It's hard because we have lived apart

Beside each other. It's hard because we remember All the things we lost In the fire While we sit and watch it Smoulder and reignite

All for the want of an exhalation Of common breath.

Thank you for reading!



Copyright original authors © 2017 All rights reserved Produced in Northern Ireland A **Poetry NI** production

Back issues available for free download at: www.poetryni.com/fourxfour